CLAIMS OF THE INVENTION

I CLAIM:

- 1. An ornamental element configured to be worn adjacent the body of a wearer, the ornamental element comprising an article of jewelry comprising a main body having a front and a rear, said body constructed from titanium, and a magnetic element, the magnetic element connected to the main body, the magnetic element having a face, said face generally co-planar with at least a portion of said rear of said body, a surface area of said face of said magnetic element comprising at least 50% of a total area comprising the rear of said main body and said face of said magnetic element.
- 2. The ornamental element in accordance with Claim 1 wherein said body comprises a link of a bracelet.
- 3. The ornamental element in accordance with Claim 2 wherein said ornamental element comprises a bracelet comprising a plurality of links connected to one another.
- 4. The ornamental element in accordance with Claim 1 wherein said face of said magnetic element is generally oval in shape.
- 5. A bracelet configured to be worn on the body of a wearer, the bracelet comprising a plurality of connected links, each link comprising a body having a top and a bottom, said bottom of said links configured to be located adjacent the wearer's body when said bracelet is worn and said

top configured to face outwardly therefrom, said body constructed from titanium, a magnetic element associated with one or more of said links, the magnetic element associated with each body connected to the body, the magnetic element having a face, said face generally co-planar with at least a portion of said bottom of said body.

- 6. The bracelet in accordance with Claim 5 wherein a magnetic element is associated with each link.
- 7. The bracelet in accordance with Claim 5 wherein a surface area of said face of said magnetic element comprising at least 50% of a total area comprising the bottom of said body of said link.
- 8. The bracelet in accordance with Claim 5 wherein said face of said magnetic element is generally oval in shape.
- 9. The bracelet in accordance with Claim 5 wherein said face of said magnetic element is generally circular in shape.
- 10. A bracelet configured to be worn adjacent the body of a wearer, said bracelet comprising a plurality of links, one or more of said links connected to one another, each link having a front and a rear, said links constructed from substantially from a precious or semi-precious metal selected from the group consisting of gold, silver, platinum and titanium, and a magnetic element,

the magnetic element connected to one or more of said links, the magnetic element having a face, said face generally co-planar with at least a portion of said rear of said link to which it is connected, a surface area of said face of said magnetic element comprising at least 50% of a total area comprising the rear of said link and said face of said magnetic element.

- 11. The bracelet in accordance with Claim 10 wherein said face of said magnetic element comprises at least about 50% of the total area comprising the rear of said link.
- 12. The bracelet in accordance with Claim 10 wherein a magnetic element is associated with each link.
- 13. The bracelet in accordance with Claim 10 wherein each link is generally rectangular in shape, having a first end and a second end, said first end including an outwardly extending tongue and said second end including an inwardly extending notch, the tongue of one or more links located in the notch of an adjacent link.
- 14. The bracelet in accordance with Claim 13 including means for selectively connecting at least two of the links so that said bracelet may be formed into a closed loop or opened to be placed on a wearer.